

# CBYX BUILDS SKILLS

The Congress-Bundestag Youth Exchange (CBYX) is a year-long program that provides young Americans the opportunity to learn German, live with a host family, attend school or trainings, and complete internships in Germany to sustain and strengthen the American-German friendship.

CBYX boosts participants' careers and expands their worldviews. American host communities also benefit from welcoming young German participants to their homes, schools, and organizations.

CBYX is jointly funded by the United States Congress and the German Bundestag.



## HISTORY

**40**

years  
of CBYX

**14,000+**

American  
CBYX Alumni

**2,000+**

American host  
communities

## BENEFITS TO AMERICAN ALUMNI



### Enhanced Career Trajectories

**89%** believe that they would not be where they are today without the program.



### Strengthened Communication Ability

**92%** reported improved communication skills.



### Understanding of U.S. Role

**93%** reported new understanding of the U.S.' and American citizens' role in the world.



### Expanded Worldviews

**91%** gained an appreciation for other cultures and curiosity about the world.



### Personal Growth

**89%** felt they increased their ability to adapt to difficult or new situations.

**It's unlikely I would've gotten [college] scholarships had I not first gotten the CBYX [program]. That's really what set me apart.**

High School Alumni, 1989-1990

**What I do is inextricably linked to that [CBYX] internship because it's the thing that got my foot in the door.**

Vocational Alumni, 2001-2002

**I went into college so much more prepared than I could have ever been had I just gone straight from American high school into American college.**

High School Alumni, 2006-2007

[exchanges.state.gov/CBYX](https://exchanges.state.gov/CBYX)

   @cbyxppp



CBYX/PPP

Initiated by the United States Congress and the German Bundestag in September 1983 to mark 300 years of the first German settlement in America, CBYX, known as Parlamentarisches Patenschafts-Programm (PPP) in Germany, is a unique, fully-funded scholarship program that provides young people a firsthand experience of the importance of international friendship and cooperation, which rests on shared political and cultural values.

This data came from a 2022 evaluation that included focus groups, interviews, and a survey of U.S. alumni and U.S. host communities.